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***Adventure Bound Canoe Trip Review***

***What to do on the day of the trip:***

* Go to homeroom immediately and tell your teacher you are present.
* Go directly to the Auxillary Gym and meet up with your partner. Be there by 7:20am.
* Check in with your teacher.
* Find your partner and get your materials out. Gooseneck your belongings.
* When told to, get onto the bus.

***What to bring:***

* Lunch (absolutely NO glass) All trash will be with you until the end of the trip.
* Change of clothes (Can leave on the bus so you KNOW they will stay dry)
* Wear clothes that can get dirty and wet.
* Dress in layers to adjust to the weather.
* Must wear shoes that stay on your feet. (No flip flops, bare feet or Crocs)
* Secure belongings and leave ANYTHING valuable at home. No cell phones of Ipods.
* A positive attitude.

***What NOT to bring:***

* Electronic devices. Teachers will have cell phones in case of an emergency.
* Glass bottles.
* Poor attitude.

***MUST follow student handbook during all class trips***

***Canoe Information***

Canoe Terms:

* BOW – front of canoe
* STERN – rear of canoe
* THWARTS – support bars of braces
* GUNWALES – top of rail of canoe bow to stern
* KEEL – a protecting strip on the bottom outside of canoe, which helps to keep the canoe straight
* LAUNCH – slowly feeding the canoe into the water
* LIFE JACKET – personal flotation device that supports the face and neck above the water
* GOOSENECK – a method of closing your plastic bags to keep water out
* SWAMP – the canoe fills with water (tips)

 Stern

 ![C:\Documents and Settings\lthiery\Local Settings\Temporary Internet Files\Content.IE5\PSKO6CR8\MC900325794[1].wmf]() Bow

Will need a life jacket each, 2 paddles (one long, one short)